RISK ASESSMENT

for



Training Centre:

North Business Park, Collooney Park, Sligo F91T9RP

Per:

Safety, Health & Welfare at Work Act, 2005 Safety, Health & Welfare at Work (Construction) Regulations 2013 & 2021 Safety, Health & Welfare at Work (General Application) Regulations, 2007 to 2023 Safety, Health & Welfare at Work (REACH) Regulations, 2007 Safety, Health & Welfare at Work (Confined Space) Regulations 2001 Chemicals Act, 2008 & 2010 All Standards, Regulations & Codes of Practice

Prepared by:

Cynthia Bradley

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Risk Assessments

Introduction

A hazard is anything at the workplace which has the potential to cause harm to a person.

A **risk** is the likelihood of a person becoming harmed by a hazard, coupled with the severity of harm when it occurs.

A **risk assessment** depends on an identification of hazards and dangers and consists of an estimation of the risks arising from them with a view to their control, avoidance, or to a comparison of risks.

Risk Assessment - Statutory Requirements

Sections 19 & 20 of the Safety, Health and Welfare at Work Act, 2005, oblige all employers and self-employed persons to prepare a Safety Statement based on "an identification of hazards and an assessment of the risks to safety and health at the place of work to which the safety statement relates".

Why carry out a Risk Assessment?

- To identify all hazards and potential hazards at the work place and to assess whether there has been enough done to reduce the risk or whether improvements is necessary to protect all persons.
- To ultimately prevent dangerous occurrences, illness and accidents.

Hazard Identification and Risk Assessment Procedure:

For each workplace, work equipment, and work activity:

- 1. Identify the associated hazards
- 2. Identify who is at risk from the hazards identified
- 3. Assess the significance of the risk
- 4. Identify preventative and protective (i.e. control) measures that need to be implemented to reduce the significance of the risk associated with the hazards identified. The following 'hierarchy of controls' should be used when deciding on control measures, starting with the first on the list and working down to the last control measure, as follows:
 - ⇒ Elimination: eliminating the hazard entirely from the workplace (the best way to control the hazard)
 - ⇒ **Substitution:** if it is not possible to eliminate the hazard, replace it with something less hazardous, which will perform the same task in a safer manner
 - \Rightarrow **Isolation:** separate or isolate the hazard from people
 - ⇒ Engineering solutions: reduce the chances of hazardous contact (e.g. enclose the hazard away from the person, interlock/cut-off switches, exhaust fans)
 - ⇒ Administrative solutions: management strategies which can be introduced (eg. training, information/instruction, job rotation, supervision, limit time of exposure, provide written procedures)
 - ⇒ Personal Protective Equipment and Clothing: should always be considered as a last resort
- 5. Assess the remaining risk level, when control measures are in place. (see step 3 guidelines)
- 6. Record the results of the risk assessment.



Risk Assessment Matrix

LIKELIHOOD							
S							
т		Low (1)	Medium (2)	High (3)			
<							
т	Low (1)	Low (1)	Medium (2)	Medium (3)			
찌							
_	Medium (2)	Medium (2)	Medium (4)	High (6)			
-							
l≺	High (3)	Medium (3)	High (6)	High (9)			

Severi	ty:	The extent of the harm, injury or ill health should the hazard occur.
	Low:	Negligible minor non disabling injury requiring first aid only.
time	Medium:	Reversible injury, illness or temporary disability requiring a short recovery
time.	High:	Serious injury, permanent disability, fatality.

Likelihood:	The chance of the hazard or event actually occurring.
Low:	Could happen, but only rarely.
Medium:	Could happen occasionally.
High:	Could happen frequently.

Risk Rating:

Likelihood * Severity

Note: The higher the Risk Rating, the more extensive the controls must be



Training Room Risk Assessments

Area – Training R	aining Room Assessed by – Cynthia Bradley		ssed by – Cynthia Bradley		Date – 10/07/2024		
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	R	R

hazard: Cable Management	Staff Visitors Contractors	 Cables routed under desks. Improve cable management beneath desks by using cable-ties or similar. 	Management	E C	K RAT BEFOR ONTRO EASUR	<u>E</u> DL
Hazard Type: Physical Injury/Illness Trips				2	2	4
Damage to equipment Electrical shorting				AF C MI	K RAT TER A ONTRO EASUR ARE LEMEN	<u>LL</u> DL ES
				1	2	2

Area – Training R	Area – Training Room Assessed by – Cynthia Bradley			Date – 10/07/2024		
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk Rating		
	Persons				S	RR

Hazard: Filing Cabinets Hazard Type:	Staff Visitors Contractors	 All filing cabinets purchased have interlocked drawers, preventing more than one drawer opening at any time. Issue a directive to all staff to load filing cabinets from the bottom up. 	Management	RISK RATING BEFORE CONTROL MEASURES
Physical Injury/Illness: Trap injuries Cabinets		 Include this instruction as part of office induction, or place warnings on cabinets. 		2 2 4
toppling				RISK RATING AFTER ALL <u>CONTROL</u> <u>MEASURES</u> <u>ARE</u> IMPLEMENTED
				1 2 2

Area – Training F	ea – Training Room Assessed by – Cynthia Bradley			Date 10/07	_ 7/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	R

Hazard: Furniture – Chairs, Tables etc	Staff Visitors Contractors	 All furniture regularly inspected for damage All repairs carried out immediately or items discarded / replaced. All furniture subject to thorough cleaning 	Management	B C	<u>RISK RATI</u> <u>BEFORE</u> <u>CONTRO</u> <u>MEASURE</u>	
Hazard Type: Physical Injury/Illness:		 Maintenance schedule in place to weed out damaged items. 		2	2	4
Musculo- skeletal Injury				AF CO ME	<u>K RAT</u> TER A ONTRO ASUR ARE EMEN	LL DL ES
				1	2	2

Area – Training Ro	oom	10/		Date 10/07		
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
i iazaiu / ilijuly	Persons			L	S	RR

Hazard:	Staff	Supervision provided to ensure good housekeeping practice is	Management	RISK RATING
Housekeeping	Visitors	employed.	Management	BEFORE
5	Contractors	 All members of staff are charged with housekeeping duties. 		CONTROL
Hazard Type:		• Frequent cleaning takes place by staff at their workstations.		MEASURES
Slip, Trip, Fall		Regular inspections should be undertaken to prevent		
Fire		accumulation of waste (rubbish) particularly at points of access		2 3 6
Obstruction of		and egress, on fire routes and around mess facilities.		
fire exits		Walkways should be put in place		
		Aisles and access routes are kept clean and free from trip		
Injury/Illness:		hazards.		
RSI Injuries		Workshops are cleaned up on a daily basis.		
Musculo-		Spills are mopped up immediately.		
skeletal Injury		Fire extinguishers and fire-fighting equipment are freely accessible.		
		Chemicals are stored safely. Flammables are stored in		
		designated, labelled steel cans or cupboards, and are kept		
		separately from other chemicals.		
		 Safe egress is provided from the workshop. 		RISK RATING
		Storage of items is carried out safely, with no protrusions on		AFTER ALL
		aisles, and no poorly balanced objects at heights.		<u>CONTROL</u>
		Heavy items which must be manually handled are stored at		MEASURES
		waist height		ARE
		• The Manager will ensure that before the employees are sent to		IMPLEMENTED
		a site under the overall control of another contractor,		1 3 3
		arrangements are made for storage areas and that safe		
		access and safe places of work will be available for our		
		employees to carry out their work safely.		
		 Rubbish/waste will be cleaned-up and stored on an on-going basis daily. 		
		Particular attention will be given to trestles and scaffold		
		platforms which must be maintained in a clean and organised		
		condition.		

Area – Training R	oom	Assessed by – Cynthia Bradley		Date – 10/07/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk Rating	RR

Hazard: Laptops Hazard Type: Physical Physiological Ergonomic Injury/Illness: Repetitive Strain Injury (RSI) Eye Tiredness Stress	Staff Visitors Contractors	 <u>A laptop is not covered by the General Application</u> <u>Regulations</u> due to the fact that under these Regulations the keyboard shall be tiltable and separate from the screen so as to allow the user to find a comfortable working position which avoids fatigue in the arms or hands. A laptop does not have a separate keyboard and <u>should not be used for long periods of time</u> and a risk assessment must be carried out to assess the usage of the laptop and the set up of the temporary laptop workstation. Never use laptop on knees due to extreme heat emitted. Never leave chargers plugged in while unattended. Conduct VDU assessments Offer eye-tests (required by the VDU section of the General Application Regulations of 2007) Plug in separate keyboard and screen o allow correct posture be maintained and avoid back injury. Information and training on general principles of ergonomics, adjustment of screen, keyboard, lighting, proper posture etc. See guidelines attached in appendices. 	Management	RISK RATING BEFORE CONTROL MEASURES236236236236236236236236236236236368133133
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Area – Training Ro	oom	10/0		Date 10/07	ate – 0/07/2024	
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
riazaru / irijury	Persons		reison Responsible	L	S	RR

Hazard: Lighting, Heating, Temperature & Ventilation	Staff Visitors Contractors	 Lighting should be between 300 and 500 lux and should be suitable for the workstation involved. Lighting should not cause reflective glare on the screen. Lighting levels are normal throughout 	Management	B C	<u>RISK RATII</u> <u>BEFORE</u> <u>CONTRO</u> <u>MEASURE</u>	
Hazard Type: Physical		 A competent electrician is used for maintaining the lighting fittings Lose cables are to be repaired. 		2	2	4
Injury/Illness: Slips/ Trips / Falls, Stress, Eye Strain. Nausea, Flue like illness		 Temperature should vary from 18 to 24 degrees Celsius for sedentary work i.e. work involving little or no manual effort. Inspection & maintenance of the system to be completed by qualified personnel. Ensure that all areas are well ventilated and that windows can be opened for circulation of fresh air. Obtain certificates from relevant contractor for emergency 		AF CO ME	RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTE	LL DL ES
		lighting.				

Area – Training R	loom	Assessed by – Cynthia Bradley			Date – 10/07/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	10/07/2024 Risk Rating L S	

Hazard: Office Machinery (Photocopier, printers, faxes, franking machines, laminator, stapler etc)	Staff Visitors Contractors	 Maintenance per manufacturer instructions All equipment is CE marked. Fumes from photocopier may cause irritation, keep close to external ventilation See Fire and Housekeeping assessments. Always read manufacturers instructions before use of office equipment. Major faults must be repaired by a competent person. 	Management	<u>B</u> C	K RAT EFOR ONTRO ASUR	E DL
<u>Hazard Type:</u> Physical Chemical		 All machines must have isolating switch near the machine and shall be accessible at all times. Gaining access to the interior of photocopiers, care must be taken to avoid hot surfaces. Under no circumstances must the inside of the machine be tampered with Ensure laminators are switched off when not in use 		AF C	K RAT TER A ONTRO ASUR ARE	<u>LL</u> DL
Injury/IIIness: Pinch Hazards				IMPL	EMEN	ITED
Electricity Breathing of dusts leading to respiratory problems.				1	2	2

Area – Training Ro	oom	Assessed by – Cynthia Bradley		Date 10/07	_ 7/2024	
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
nazaru / mjury	Persons			L	S	RR

Hazard: Overhead Storage	Staff Visitors Contractors	 Correct Manual Handling technique to be applied at all times. If steps are available they must be inspected regularly to ensure safe use. 	Management	B CC	<u>RISK RATII</u> <u>BEFORE</u> <u>CONTRO</u> <u>MEASURE</u>	
Hazard Type: Physical		Ensure staff are instructed to check steps before useImplement schedule of checks for this equipment.		2	2	4
Injury/IIIness: Falls from ladders						
Falling items Personal Injury				RISK RATIN AFTER AL CONTROL		LL
					ASUR ARE EMEN	
				1	2	2

Area – Training Ro	om	Assessed by – Cynthia Bradley			Date – 10/07/2024 Risk Rating	
Hazard / Injun/	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk Rating		
Hazard / Injury	Persons		reison Responsible	L		

Hazard:	Staff	 Ensure certain areas are secure and appropriate rooms 	Management	RISK	RATI	NG
Public Interface	Visitors	locked at all times.		BE	FORE	Ξ
& Safety,	Contractors	 When handling cash on the premises ensure it is locked 		CO	NTRO	L
Personal		away safely.		MEA	SURE	ES
Security &		 When banking cash ensure you have someone with you. 				
Violence		 Only sound an alarm if you feel it is safe to do so. 		2	3	6
		If you have not been trained in conciliation techniques, do not				
		get involved in an argument.				
Hazard Type:		 Avoid confrontation. Do not get involved in a physical 				
Physical		situation. Do not try to apprehend anyone even if you have				
Mechanical		had training in self-defence techniques.				
		 If problems arise with irate or difficult customers, such as 				
Injury/IIIness:		aggression and violence stay calm and listen carefully. Do				
Crushing		not use a loud or aggressive tone. Call for help in this				
Musculo-		situation immediately and discreetly.				
skeletal injury		If staff are dealing with a new client, or are aware of				
		behavioural changes in existing clients, they should always				
		take another staff member with them.				
		 For extra safety where a problem may arise with a person 				
		being upset or aggressive, slowly walk to an area where you			RATI	
		can put a barrier between you i.e. table or counter and carry			ER Al	
		on talking in a quiet and calm manner.			NTRO	
		 Signs to be erected directing the public where they are 			SURE	<u>ES</u>
		allowed access and where access is prohibited.			ARE	
		 No access is available to restricted areas 		IMPLE	EMEN	TED
		 All pathways are kept clear and free from obstacles 		1	3	3
		 Emergency Exit routes are clearly signposted 				
		 No hazardous materials or equipment are left in areas to 				
		which the public have access				
		 Every effort is made by all staff members to safeguard 				
		visitors and customers				
		 Visitors book to be available in reception. 				
		 Supervisor to maintain visitors book. 				
		 Visitors accompanied by staff member at all times 				
		Extreme care for all persons attending the premises, living in				
		the area and visiting local residents				

Risk Assessments

Area – Training Ro	oom	Assessed by – Cynthia Bradley			Date – 10/07/2024 Risk Rating	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	RR

Hazard: Visual Display Units (VDU) (Computer Monitors etc) Hazard Type: Physical Physiological Ergonomic	Staff Visitors Contractors	 Modern equipment that meets the requirements of the work equipment regulations and VDU regulations is supplied to staff Conduct VDU assessments Offer eye-tests (required by the VDU section of the General Application Regulations of 2007) Devise policy for procurement of seating, computer equipment, desks etc. Support pads are provided to staff to avoid RSI's Maintenance per manufacturer instructions 	Management	RISK RATING BEFORE CONTROL MEASURES236236RISK RATING
Injury/Illness: Repetitive Strain Injury (RSI) Eye Tiredness Stress		 All equipment is CE marked. See Fire and Housekeeping assessments. 		AFTER ALL CONTROL MEASURES ARE IMPLEMENTED 1 3 3

Area – Training R	oom	Assessed by – Cynthia Bradley		Date 10/07	_ 7/2024	
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
riazara / injury	Persons			LSF		RR

Hazard: Spills / Slippery Floors	Staff Visitors Contractors	 Cleaning equipment and substances available to clean up spills / grease etc. If it spills, clean it up immediately Use warning signs and clean up immediately 	Management	<u>B</u> <u>C</u> (RISK RATING				
Hazard Type: Physical Injury/IIIness: Slip / Fall Personal Injury				2	2	4			
r ersonar nijury				RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTE					
				1	2	2			

Warehouse Risk Assessments

Area –Warehouse	e	Assessed by – Cynthia Bradley		Date – 13/05/2024 Risk Rating			
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk Rating		1	
Hazalu / Injuly	Persons		reison Responsible			RR	

Hazard: Chemicals & Hazardous Substances - incl. Diesel, Petrol, Solvents, Adhesives Hazard Type: Chemical Physical Injury/Illness: Skin irritations Breathing affects, Toxicity, Fire, Explosion, Spills into water course	Staff Visitors Contractors	 Include Chemical Safety as part of Safety Induction Process. Train employees in the safe use and handling of substances. Follow instructions on all warning hazard labels. Obtain Safety Data Sheets and file for reference. Follow guidelines in relation to register of chemical (where applicable) from the SHWW Reach Regulations 2007 Store all chemicals in a locked cupboard away from other equipment. Always follow warning instructions on labels. See Risk Assessments for "Fire" Ensure adequate ventilation Ensure adequate Eye Wash station, washing and first aid facilities Clean all spillages immediately Dispose of all waste properly Spill kits are recommended PPE - Personal Protective clothing and equipment is worn at all times. Fire Extinguishers are on site and are in service. Chemical spill procedure recommended Ensure Emergency Exits are always clear 	Management	RISK RATING BEFORE CONTROL MEASURES339339339888RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED3133
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Area –Warehou	ISE	Assessed by – Cynthia Bradley			Date – 13/05/2024 Risk Rating		
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S) RF	ĸ

Hazard: Electricity Hazard Type: Physical Injury/Illness: Electrocution Burns Fire Death	Staff Visitors Contractors	 All electrical circuits go back to RCD's for the protection of persons in the event of Earth Leakage. All electrical circuits go back to MCB's for the protection of equipment in the event of overload. Obtain electrical certificate from RECI registered electrician in respect of conformance with the National Wiring Rules (ET101). Obtain certificates form relevant contractor for fire alarm and sprinkler system. Establish that electrical contractors have isolation procedures including "Lock Out / Tag Out" procedures. Establish schedules for Portable Appliance Testing (PAT) for all Portable Electrical Equipment. See Risk Assessment on fire. Access Doors to switchboard rooms, transform rooms, generator rooms and areas with electrical equipment operating at voltages in excess of 650 Volts, are locked, preventing general access to such areas. Doors and covers on electrical equipment are kept closed and are replaced when damaged. Areas with electrical equipment are kept tidy and free of spillages, dust, water, oil and flammable materials. Maintenance & Testing Electrical circuits, including earthing, are tested by a competent person after installation or alteration. Installation, repair, examination or testing of electrical equipment is carried out only by a competent person. 	Management	RISK RATING BEFORE CONTROL MEASURES 2 3 6
		equipment is carried out only by a competent person.		

Area –Warehou	se	Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
nazaru / mjury	Persons		r erson responsible	L	L S F	

Hazard:	 If a circuit is tripping, blowing fuses, sparking or showing 		RISK RAT	ING
Electricity cont'd	other intermittent faults, it is reported immediately to		AFTER A	
	Manager / Supervisor, so that the cause can be quickly		CONTRO	
Hazard Type:	identified and repaired by a competent person.		MEASUR	ES
Physical	 Employees report defective electrical equipment or cables 		<u>ARE</u>	
	to management immediately. The use of such defective	<u> </u>	MPLEMEN	ITED
Injury/IIIness: Electrocution	equipment is discontinued until properly repaired/replaced		1 3	3
Burns	Damaged Electrical Equipment			
Fire Death	 Employees are instructed never to touch fallen or damaged cables or electrical equipment. 			
	 Damaged cables / electrical equipment are reported to 			
	Manager / Supervisor for immediate repair or replacement.			
	Where necessary damaged cables, etc., are reported to ESB.			
	 Employees are trained in the rescue of persons in contact with live electrical conductors. 			
	 Employees are trained to watch out for potential hazards, and report them immediately to management. 			
	 Relevant notices are posted in appropriate locations in 			
	accordance with Statutory Regulations.			
	It is never assumed that cable / electrical equipment is			
	dead. Confirm power source has been fully isolated before			
	contact.			
	Only registered Electricians may carry out any			
	electrical installations or maintenance on			
	domestic or commercial projects.			

Area –Warehous	9	Assessed by – Cynthia Bradley			Date – 13/05/2024 Risk Rating		
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	<u> </u>	R

Hazard: Fire Hazard Type: Noise Explosion Burns Injury/Illness: Death from Burns	Staff Visitors Contractors	 Fire Extinguishers are installed throughout site Maintenance records are kept in the Safety File. Emergency Lights are to be maintained. Emergency exits are to be kept clear at all times. All staff to receive Fire extinguisher training. Fire Drill carried out twice per annum Suitable fire-fighting equipment for electrical fires is provided. Employees are trained in the procedures to be followed in case of electrical fire, and in the use of fire-fighting equipment. Fires are only fought when it is safe to do so. Escape routes and location of fire-fighting equipment are displayed on fire maps in Company Buildings. (Ref: Office) Employees are informed of evacuation procedures, fire assembly points and roll-call procedures. Employees are informed never to return to their workstations until it is safe to do so. 	Management	RISK RATING BEFORE CONTROL MEASURES2362362363688888891333
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Area –Warehous	Se .	Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
riazaru / injury	Persons		r erson responsible	L	S	RR

Hazard: Hand/Power Tools incl. cable snips, hack saws,	Staff Visitors Contractors	 Ensure only suitably selected hand tools appropriate for the task are available and utilised. Always select the correct tool type, size and shape for the task. Always use correct PPE e.g. gloves and goggles Use tools with insulated handles and non-conductive shafts for 	Management	RISK RATING BEFORE CONTROL MEASURES
saws, wrenches, screwdrivers, knives, pliers, spanners, chisels <u>Hazard Type:</u> Physical <u>Injury/Illness:</u> Risk of fatal or serious injury such as laceration, crush injury, and eye injury as a result of misuse of loose hand tools / electrocution, breathing or heart failure as a result of misuse of electrical power tools. / damaged or ill- fitted attachments to power tools (e.g. discs, bits).		 Obsections with instructed nancies and horeconductive sharts for electrical work Do not use a screwdriver to test for live circuits - use a suitable circuit testing device Retractable Blade type knives only. Include information hand tool safety as part of the safety induction process. Establish schedule of random inspection to "weed out" defective equipment. Repair or discard all defective equipment Hand tools should only be maintained and sharpened by trained and competent personnel. Trained Operators only. The training in the proper use and adjustment of tools includes understanding the limitations of the tools All portable power tools over 125v to be PAT tested Hand tools are checked by operator before use All tools are visually inspected to check for damage, cracks, etc., before use to ensure they are in safe working order. All tools are inspected regularly in accordance with manufacturer's instructions. Safety features are a significant consideration in the purchase of all tools, with attention given to tool design, insulation, noise, vibration, operational velocity, guarding and all other factors which affect the safety of the operator Where possible, power tools are double-wound insulated and operate at 115 volts. Where 220 volt power tools are used, then a Residual Circuit Device (RCD) is fitted to the socket outlets and an armoured cable installed. The fitting of power tool attachments, e.g. cutting discs to grinders, is restricted to trained and authorised staff. 		22422433RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED122

Area – Warehouse	e	Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024		
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	J	
hazaru / mjury	Persons		reison Responsible	L	S	RR	

<u>Hazard:</u> Housekeeping	Staff Visitors	Supervision provided to ensure good housekeeping practice is employed.	Management	RISK RATING BEFORE
Hazard Type:	Contractors	 All members of staff are charged with housekeeping duties. Frequent cleaning takes place by staff at their workstations. 		CONTROL MEASURES
Slip, Trip, Fall Fire Obstruction of fire exits Injury/Illness: RSI Injuries Musculo-		 Regular inspections should be undertaken to prevent accumulation of waste (rubbish) particularly at points of access and egress, on fire routes and around mess facilities. Walkways should be put in place Aisles and access routes are kept clean and free from trip hazards. Workshops are cleaned up on a daily basis. 		2 3 6
skeletal Injury		 Spills are mopped up immediately. Fire extinguishers and fire-fighting equipment are freely accessible. Chemicals are stored safely. Flammables are stored in designated, labelled steel cans or cupboards, and are kept separately from other chemicals. Safe egress is provided from the workshop. Storage of items is carried out safely, with no protrusions on since and no poortunate and shows and are headed and and are headed. 		RISK RATING AFTER ALL CONTROL MEASURES
		aisles, and no poorly balanced objects at heights.Heavy items which must be manually handled are stored at wait beight.		<u>ARE</u> IMPLEMENTED
		 waist height The Manager will ensure that before the employees are sent to a site under the overall control of another contractor, arrangements are made for storage areas and that safe access and safe places of work will be available for our employees to carry out their work safely. 		1 3 3
		 Rubbish/waste will be cleaned-up and stored on an on-going basis daily. Particular attention will be given to trestles and scaffold platforms which must be maintained in a clean and organised condition. 		

Area –Warehouse)	Assessed by – Cynthia Bradley			Date – 13/05/2024 Risk Rating	
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Doroon Boononsible	Risk Rating		J
nazaru / mjury	Persons		Person Responsible			RR

Hazard:	Staff	Avoid unnecessary contact with waste.	Management	RIS	KRAT	ING
Human	Visitors	Ensure use of adequate and correct PPE		B	EFOR	E
Infection,	Contractors	Suitable gloves are worn when handling potentially infectious		C	ONTRO	<u>DL</u>
Dermatitis and		material.		ME	ASUR	<u>ES</u>
other Skin		• Cuts and abrasions are covered with water proof plasters.		2	<u> </u>	
Diseases		Vermin control programme must be in place.		2	2	4
		Hand washing facilities with soap and towels are available on				
Hazard Type:		all sites.				
Physical		 Appropriate hand washing results in a reduced incidence of infections. 				
Injury/Illness: Leptospirosis		Hand washing with plain soap (detergents) is effective in				
(Weils		removing most transient microbial flora. The components of				
Disease),		good hand washing include using an adequate amount of				
Brucellosis,		soap, rubbing the hands together to create some friction, and rinsing under running water. The mechanical action of				
Bovine TB/ Orf,		washing and drying removes most of the transient bacteria				
Lyme Disease		present.				
and E.coli		Wash hands promptly and thoroughly after contact with blood,				
		body fluids, secretions, excretions, and equipment or articles				
		contaminated by them isolation precautions.				
		• To help protect exposure to infectious materials,				
		wash your hands: Before/after work, Before/after eating,				
		Before/after smoking, Before/after using PPE, Before/after				
		handling raw and cooked foods, Before/after putting in contact				
		lenses, Before/after using the toilet, Before/after applying makeup				
		Wear gloves to provide a protective barrier and to prevent cross				
		contamination of the hands when touching blood, body fluids,				
		secretions, excretions, mucous membranes, and non-intact				
		skin.				
		 Wear gloves to reduce the likelihood that microorganisms 				
		present on the hands of personnel will be transmitted further.				

Area –Warehouse	9	Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024		
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	l R	R

Hazard: Human Infection, Dermatitis and other Skin Diseases Cont'd	 Wearing gloves does not replace the need for hand washing, because gloves may have small, in-apparent defects or may be torn during use, and hands can become contaminated during removal of gloves. Dermatitis is contracted through skin contact with substances such as oils, chemicals, tars and cement. In cement, it is the chrome which is the source of the contagion. Once contracted, dermatitis cannot be cured. Always wash your hands after coming into contact with any of the above listed substances. Use a suitable barrier cream. Use gloves when you are working to provide a barrier between your skin and the substance. If an irritation begins on any part of the body, consult your doctor without delay. Follow the doctor's instructions and avoid contact with the 	RISK RAT AFTER A CONTR MEASUF ARE IMPLEMEI	ALL OL RES
	substance.		

Area – Warehouse	9	Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Risk Rating	
nazara / mjury	Persons			L S		RR

Hazard: Impact Equipment/Tool s e.g. Kangos, Drills, Hammers, Whackers	Staff Visitors Contractors	 Daily maintenance checks. All staff to wear PPE, Glasses, Gloves, Ear Protection, Overalls and Dust Masks. All portable power tools over 125v to be PAT tested Windows and door are left open to ensure good air supply Establish preventative maintenance programme for all equipment in use on the site. 	Management	RISK RATING BEFORE CONTROL MEASURES236
Hazard Type: Compressed air injection Noise Ejection of material Injury/Illness: Puncture wounds Contact by flying debris Noise Induced Hearing Loss		 All equipment must be inspected daily, and any damaged equipment must be must out of use and repaired See First Aid section. See risk assessment on noise, Always select the correct tool for the relevant job Hand tools/Power tools to be in good condition. Guards to be in place Staff member to be trained in use e.g. consaw training Only 110volt appliances allowed to be used on site if required Vibration controls when using Jackhammers Anti-whip lines to be installed on air compressor connections Dust suppression to be in place where required. 		RISK RATING AFTER ALL CONTROLMEASURES ARE IMPLEMENTED13

Area –Warehous	9	Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	RR

Hazard: Manual Handling Hazard Type:	Staff Visitors Contractors	 The company is required under the Chapter 4 Part 2 of The General Application Regulations, 2007 to eliminate, where possible, the need to perform manual handling. Mechanical Aids e.g. lifts, hand trolleys, teleporter, pulley etc must be used where possible. 	Management	RISK RATING BEFORE CONTROL MEASURES
Physiological Injury/Illness: Back Injuries Personal Injury from poor lifting posture or from dropping items. Slip / Trip / Fall		 Where manual handling cannot be avoided, staff must be assessed to determine whether they require formal instruction in manual handling techniques. Those identified as requiring manual handling training should be given it. Persons who have received manual handling training must be supervised to ensure they apply the techniques they have been taught. Training for Manual Handling must be tailored to reflect the actual type of handling the individual will perform. Assess all weights being lifted, per the Safety, Health & Welfare Regulations & reduce these to acceptable levels. Minimise all manual-handling training to all staff. PPE including gloves, and boots or shoes with steel toecaps to be provided. Machine controls and instrumentation designed and arranged for best control and posture Work locations designed to eliminate over-reaching. 		23623633RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED133

Area –Warehouse	e	Assessed by – Cynthia Bradley	Assessed by – Cynthia Bradley		_ /2024		
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk F	Rating S	R	R

Hazard: Personal Protective Equipment (PPE) Hazard Type: Physical Mechanical	Staff Visitors Contractors	 PPE must be worn at all times PPE Register is provided, and all personnel sign this register Hard Hat, Steel Toe Boots, His vis, Ear defenders is mandatory Dust masks, gloves, flame retardant hi vis, visors face shield etc are required for specific tasks Any garments with strings is strictly forbidden on site, disciplinary procedure will follow is worn on site after induction 	Management	RISK RATING BEFORE CONTROL MEASURES236
Injury/IIIness: Respiratory Hearing Loss Dust Dermatitis Muscular Skeletal Damage due to impact/collision				RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED133

Area –Warehouse	Area –Warehouse Assessed by – Cynthia Bradley			Date 13/05	_ 5/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	RR

Hazard: Rubbish / Waste Materials	Staff Visitors Contractors	 Ensure stockpiles of combustible rubbish materials remain as small as is practicable. Ensure that rubbish bags are left out for collection shortly before collection. 	Management	B CC	<u>K RAT</u> EFOR DNTRC ASUR	E DL
Hazard Type: Physical Biological Injury/Illness: Puncture wounds, Vermin – Weils Disease		 Review provision of fire fighting capacity to manage fires in waste store. Ensure Rubbish is not left up against building for collection for any long periods. Ensure existing fire extinguishers are near rubbish store. Ensure fire fighting equipment is kept clear at all times 		AF CC ME	2 <u> </u>	LL DL ES

Area –Warehouse	Area – Warehouse Assessed by – Cynthia Bradley			Date 13/05	_ 5/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	RR

Hazard: Vehicle Pedestrian Movement / Outside Areas Hazard Type: Mechanical Physical Vehicles reversing into Employees / Maintenance personnel Injury/Illness: Crushing Musculo- skeletal injury Serious injury to Personnel / Collisions	Staff Visitors Drivers Contractors Public	 Signs to be erected directing the public where they are allowed access and where access is prohibited. Trained competent drivers Strictly adhere to signage and walkways in place Mirrors fitted to all plant to cover off all blind spot areas for Drivers. Walkways/routes are in place Speed limits in place and strictly adhered to. Supervisor to maintain visitor's book. No access is available to restricted areas All pathways are kept clear and free from obstacles Emergency Exit routes are clearly signposted No hazardous materials or equipment are left in areas to which the public have access Every effort is made by all employees to safeguard visitors and customers. Adequate lighting must be in place. 	Management	RISK RATING BEFORE CONTROL MEASURES2362362368RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED133
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PART (D2): Canteen Risk Assessments

Risk Assessments

Area –Cantee	en	Assessed by – Cynthia Bradley		Date – 10/07/2024			
Hazard / Inju	y Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	R	R

Hazard: Catering Equipment – Ovens / Cookers / Microwaves / Hazard Type: Thermal Radiological Injury/Illness: Burns Scalds Electricity	Staff Visitors Contractors	 See Risk Assessment for "Electricity" Conduct PAT tests on all electrical equipment Staff engaged in working with equipment shall be informed as to the risks, instructed as to good safe working practices and trained for competence in carrying out the activities. All Equipment shall be stored properly so as to prevent damage. All staff is required to report without unreasonable delay any defects or damage in equipment, systems of work or any health problems to the Manager. Before use, check all equipment for suitability for the task. Under no circumstances use equipment for work that is it not designed to do. Guards will be fitted where appropriate on all equipment to comply with the relevant legislation. Carry out all operations as per the operator's manual. Keep a copy of the Standard Operating Procedures (SOP) for the use of equipment on or near the equipment. Records will be kept of inspection, testing and maintenance activities relating to all Equipment. Do not work while under the influence of alcohol/drugs, including prescribed drugs. 	Management	RISK RATING BEFORE CONTROL MEASURES236236236888RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED3133
		including prescribed drugs.		

Area –Canteen		Assessed by – Cynthia Bradley	Assessed by – Cynthia Bradley		_ 7/2024	ł
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	g RR
Hazard: Dishwasher Hazard Type: Physical Injury/IIIness: Burns & Scalds, Cuts	Staff Visitors Contractors	 See Risk Assessment for "Electricity" Never allow build up of dirty dishes. Ensure dishwasher is cleaned thoroughly once per week. Do not open dishwasher during operation to avoid scalds Discard all damaged dishes and cutlery immediately. Conduct PAT tests on all electrical equipment Cleaning schedule strictly adhered to at all times. Ensure correct temperatures and detergents used at all times. Ensure warning signs are in place. 	Management	2 RIS AF CC ME	K RAT EFOR DNTRO ASUR 3 K RAT TER A DNTRO ASUR ARE EMEN 3	

Area –Canteen	Area – Canteen Assessed by – Cynthia Bradley			Date – 10/07/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk Rating	RR

Hazard: Fridges & Freezers	Staff Visitors Contractors	 Strictly adhere to mandatory temperature requirements on fridges. Ensure fridge temperature is always running at 1 – 4 degrees. 	Management	RISK RATING BEFORE CONTROL MEASURES
Hazard Type: Food poison Injury/Illness: Nausea/ Vomiting / Diarrhoea		 All dairy products including eggs must be refrigerated. Keep fridge scrupulously clean at all times. All food stored must be labelled. Always use stock rotation (F.I.F.O) First in, First Out. Out of Date food must be disposed of immediately. Any food left in the fridge for longer than 3 days will be disposed of by management 		2 3 6 RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED
				1 3 3

Area –Canteen		Assessed by – Cynthia Bradley		Date – 10/07/2024
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk Rating L S RR
Hazard: Food Poisoning Hazard Type: Physical sickness Injury/Illness: Serious injury of Vomiting / headaches / nausea	Staff Visitors Contractors	 Strictly adhere to use by dates on all food products. Food safety management procedures based on the principles of HACCP in operation. Staff wear and maintain appropriate PPE. Personal Protective equipment i.e. hat, aprons, gloves, non slip foot wear. Ensure that the premises is hygienic, kept scrupulously clean and properly equipped. Food must be safely and hygienically handled and staff must observe good personal hygiene practices. Labelling of all foods is mandatory; ensure all deliveries are clearly labelled with use by dates. Record the temperatures of all foods required in the HACCP system. i.e. Deliveries, fridges, freezers, cold holding units, transport vans. Ensure all records are upto-date and kept on file in date order. Be up to date and act in accordance with all legal requirements and relevant legislation. Use separate storage in this instance for fresh and frozen foods. Obey all food safety signs. Always use F.I.F.O (First In, First out for rotating of all foods, in fridges, freezers and on shop floor. Out of Date Food must be disposed of immediately. Stringent control and monitoring of the HACCP system is crucial to ensure a safe operation from receipt of foods to delivery to the customer. 	Management	RISK RATING BEFORE CONTROL MEASURES23623623636444454647573133

Area –Canteen	-Canteen Assessed by - Cynthia Bradley		Date – 10/07/20			
Exposed		Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	1
Hazard / Injury	Persons		reison Responsible	L	S	RR

Hazard: Kettles / Boiler / Toaster	Staff Visitors Contractors	 Be aware of hot liquids and steam Discard damaged equipment on an ongoing basis Ensure kettle, boiler and toaster are secured to prevent them falling or being pulled over. 	Management	B C	<u>K RAT</u> EFOR ONTRO ASUR	E DL
Hazard Type: Physical Injury/Illness: Scalds/		 Use Warning signs where required. 		2	2	4
Burns				AF CO ME	K RAT TER A ONTRO ASUR ARE EMEN	LL DL ES
				1	2	2

Area –Canteen	Area –Canteen Assessed by – Cynthia Bradley		Date – 10/07/2024			
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	RR

Hazard: Knives / Sharps Hazard Type:	Staff Visitors Contractors	 Container in place for use and storing of knives Cupboard to be provided for storage of crockery to prevent contamination. Do not leave knives dumped in sink or left on benches 	Management	E	<u>K RAT</u> BEFOR ONTRO EASUR	<u>E</u> DL
Physical Injury/IIIness: Lacerations				2	2	4
				AF <u>C</u> ME	K RAT TER A ONTRO ASUR ARE EMEN	<u>LL</u> DL ES
				1	2	2

Area –Canteen Assessed by – Cynthia Bradley		Date – 10/07/2024					
Hazard / Injury Exposed Persons		Control Measures to Reduce the Risk	Person Responsible	Risk	Rating		R

Hazard: Microwave Oven	Staff Visitors Contractors	 Ensure staff are trained to recognise hazards associated with microwave ovens. Conduct PAT tests on all electrical equipment. 	Management	E	K RAT BEFOR ONTRO EASUR	E DL
Hazard Type: Thermal Radiological Injury/Illness:				2	2	4
Burns Scalds Electricity				AF <u>C</u> ME	K RAT TER A ONTRO ASUR ARE LEMEN	LL DL ES
				1	2	2

Area –Canteen		Assessed by – Cynthia Bradley		Date – 10/07/2024		
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	 RR
Hazard: Personal Hygiene Hazard Type: Food poison Injury/Illness: Nausea/ Vomiting / Diarrhoea	Staff Visitors Contractors	 Always ensure protective clothing is worn if using chemical cleaners etc Wash hands regularly. Gloves must be worn where required. Strictly adhere to the safety signs and all cleaning schedules. 	Management	RIS ME 2 RIS AF	K RAT EFOR ONTRO ASUR 2 K RAT TER A ONTRO ASUR ARE EMEN 2	

Area –Canteen	Area –Canteen Assessed by – Cynthia Bradley		Date 10/0	_ 7/2024		
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	j
Hazalu / Injuly	Persons		Ferson Responsible	L	L S RF	

Hazard: Spills / Slippery Floors	Staff Visitors Contractors	 Cleaning equipment and substances available to clean up spills / grease etc. If it spills, clean it up immediately Use warning signs and clean up immediately 	Management	B CC	K RAT EFOR DNTRO ASUR	E DL
Hazard Type: Physical Injury/IIIness: Slip / Fall Personal Injury				2	2	4
r ersonar nijury				AF CC ME	<u>K RAT</u> TER A ONTRO ASUR ARE EMEN	LL DL ES
				1	2	2

Risk Assessment Briefing Record

Briefing delivered by:

Position:

Date:

We (the undersigned) have had the the <u>*Risk Assessments*</u> communicated to us and will comply with the specified requirements and control measures.

Name (Print)	Signature	Date
		1