RISK ASESSMENT

for



Unit 1, Bunree, Ballina. F26P525

Per:

Safety, Health & Welfare at Work Act, 2005 Safety, Health & Welfare at Work (Construction) Regulations 2013 & 2021 Safety, Health & Welfare at Work (General Application) Regulations, 2007 to 2023 Safety, Health & Welfare at Work (REACH) Regulations, 2007 Safety, Health & Welfare at Work (Confined Space) Regulations 2001 Chemicals Act, 2008 & 2010 All Standards, Regulations & Codes of Practice

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Risk Assessment Briefing Record	
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Risk Assessments

Introduction

A hazard is anything at the workplace which has the potential to cause harm to a person.

A **risk** is the likelihood of a person becoming harmed by a hazard, coupled with the severity of harm when it occurs.

A **risk assessment** depends on an identification of hazards and dangers and consists of an estimation of the risks arising from them with a view to their control, avoidance, or to a comparison of risks.

Risk Assessment - Statutory Requirements

Sections 19 & 20 of the Safety, Health and Welfare at Work Act, 2005, oblige all employers and self-employed persons to prepare a Safety Statement based on "an identification of hazards and an assessment of the risks to safety and health at the place of work to which the safety statement relates".

Why carry out a Risk Assessment?

- To identify all hazards and potential hazards at the work place and to assess whether there has been enough done to reduce the risk or whether improvements is necessary to protect all persons.
- To ultimately prevent dangerous occurrences, illness and accidents.

Hazard Identification and Risk Assessment Procedure:

For each workplace, work equipment, and work activity:

- 1. Identify the associated hazards
- 2. Identify who is at risk from the hazards identified
- 3. Assess the significance of the risk
- 4. Identify preventative and protective (i.e. control) measures that need to be implemented to reduce the significance of the risk associated with the hazards identified. The following 'hierarchy of controls' should be used when deciding on control measures, starting with the first on the list and working down to the last control measure, as follows:
 - ⇒ Elimination: eliminating the hazard entirely from the workplace (the best way to control the hazard)
 - ⇒ **Substitution:** if it is not possible to eliminate the hazard, replace it with something less hazardous, which will perform the same task in a safer manner
 - \Rightarrow **Isolation:** separate or isolate the hazard from people
 - ⇒ Engineering solutions: reduce the chances of hazardous contact (e.g. enclose the hazard away from the person, interlock/cut-off switches, exhaust fans)
 - ⇒ Administrative solutions: management strategies which can be introduced (eg. training, information/instruction, job rotation, supervision, limit time of exposure, provide written procedures)
 - ⇒ Personal Protective Equipment and Clothing: should always be considered as a last resort
- 5. Assess the remaining risk level, when control measures are in place. (see step 3 guidelines)
- 6. Record the results of the risk assessment.

Risk Assessments



Risk Assessment Matrix

LIKELIHOOD S m Medium (2) Low (1) High (3) < Ш Medium (2) Medium (3) Low (1) Low (1) R Medium (4) Medium (2) Medium (2) High (6) -1 ~ Medium (3) High (6) High (3) High (9)

Severit	y: Low:	The extent of the harm, injury or ill health should the hazard occur. Negligible minor non disabling injury requiring first aid only.
time.	Medium:	Reversible injury, illness or temporary disability requiring a short recovery
	High:	Serious injury, permanent disability, fatality.

Likelihood:	The chance of the hazard or event actually occurring.
Low:	Could happen, but only rarely.
Medium:	Could happen occasionally.
High:	Could happen frequently.

Risk Rating:

Likelihood * Severity

Note: The higher the Risk Rating, the more extensive the controls must be

Risk Assessments



Training Room Risk Assessments

Area – Training Room		Assessed by – Cynthia Bradley		Date – 13/05/2024		
Hazard / Injury	njury Exposed Persons	notrol Maggurge to Roduce the Rick	Dereen Deenensible	Risk	Rating	
			Person Responsible	L	S	RR

hazard: Cable Management	Staff Visitors Contractors	 Cables routed under desks. Improve cable management beneath desks by using cable-ties or similar. 	Management	RISK RATING BEFORE CONTROL MEASURES		
Physical Injury/Illness Trips				2	2	4
Damage to equipment Electrical shorting				RISK RATIN AFTER ALI CONTROL MEASURE: ARE		ING ALL DL ES
				IMPL 1	<u>EMEN</u> 2	2

Area –Training Room		Assessed by – Cynthia Bradley		Date – 13/05/2024		
Hazard / Injury	y Exposed Persons	Control Magguros to Roduce the Disk	Dereen Beenensible	Risk Rating		
		Control Measures to Reduce the Risk	Person Responsible	L	S	RR

	0. "	1			BIOL		
Hazard:	Staff	•	Strictly adhere to thorough, regular hand washing procedures. This is	Management	RISP		ING
Covid 19 Virus	Visitors		the most effective method of preventing the spread of this virus.		BI	EFORI	E
	Contractors	•	All staff must report immediately to their supervisor via phone		CO	NTRC	
Hazard Type:	••••••		and must not go into work if they are ill and have any symptoms		ME		FS
Dhusical			stated in the guidance PPT.				<u>L0</u>
Physical			Ensure suitably selected sanitisers disinfectant HOT and cold		2	2	0
Psychological		-	running water is available		<u> </u>	3	3
			Crease and eauth intervent allow				
Injury/Illness:		•	Sheeze and cough into your elbow				
Serious respiratory		•	All Canteens/toilets/drying rooms etc. must be kept scrupulously				
isous // ligh			cleaned throughout the day.				
issues/High		•	Substitute reusable equipment with single-use, disposable				
Temperature/			equipment, e.g. hand towels, dressing packs etc.				
Sore		•	Ensure only qualified competent staff performs specific jobs.				
Throat/Shortness of		•	Training in detail on infection control i.e. wearing of gloves, disposing				
breath/Headache			of sharps, handling infectious waste etc.				
loading to sorious			All staff must report immediately to their supervisor if they have been				
leading to serious		•	exposed to any potential bazards		RISP	(RAT	ING
lliness and Death						<u> </u>	LL
		•	Avail of vaccines if possible.		CC	NTRC)L
					ME	ASUR	FS
						ADE	
							TED
						EWEN	IED
					1	3	3

Area – Training Room		Assessed by – Cynthia Bradley		Date – 13/05/2024		
Hazard / Injury	njury Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk Rating		
nazara / mjary				L	S	RR

Hazard: Filing Cabinets Hazard Type:	Staff Visitors Contractors	 All filing cabinets purchased have interlocked drawers, preventing more than one drawer opening at any time. Issue a directive to all staff to load filing cabinets from the bottom up. 	Management	RIS B C ME	K RAT EFOR ONTRO ASUR	<u>ING</u> E DL ES
Injury/Illness: Trap injuries Cabinets		 Include this instruction as part of office induction, or place warnings on cabinets. 		2	2	4
toppling				RIS AF CO ME IMPL	K RAT TER A ONTRO ASUR ARE EMEN	ING <u>LL</u> <u>DL</u> <u>ES</u> <u>TED</u>
					2	2

Area – Training Room		Assessed by – Cynthia Bradley		Date – 13/05/2024		
Hazard / Injury	ury Exposed Persons	Control Monouron to Poduon the Biok	Dorson Bosponsible	Risk	Rating	1
		Control Measures to Reduce the Risk Person Responsible		L	S	RR

Hazard: Furniture – Chairs, Tables etc	Staff Visitors Contractors	 All furniture regularly inspected for damage All repairs carried out immediately or items discarded / replaced. All furniture subject to thorough cleaning 	Management	RIS B C ME	K RAT EFOR ONTRO ASUR	<u>ING</u> E DL ES
Hazard Type: Physical Injury/Illness:		Maintenance schedule in place to weed out damaged items.		2	2	4
Musculo- skeletal Injury				RIS AF CC ME	K RAT TER A ONTRO ASUR ARE EMEN	ING LL DL ES ITED
				1	2	2

Area – Training Room		Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk L	Rating S	RR

Hazard: Housekeeping Hazard Type: Slip, Trip, Fall Fire Obstruction of fire exits Injury/Illness: RSI Injuries Musculo- skeletal Injury	Staff Visitors Contractors	 Supervision provided to ensure good housekeeping practice is employed. All members of staff are charged with housekeeping duties. Frequent cleaning takes place by staff at their workstations. Regular inspections should be undertaken to prevent accumulation of waste (rubbish) particularly at points of access and egress, on fire routes and around mess facilities. Walkways should be put in place Aisles and access routes are kept clean and free from trip hazards. Workshops are cleaned up on a daily basis. Spills are mopped up immediately. Fire extinguishers and fire-fighting equipment are freely accessible. Chemicals are stored safely. Flammables are stored in designated, labelled steel cans or cupboards, and are kept separately from other chemicals. Safe egress is provided from the workshop. Storage of items is carried out safely, with no protrusions on aisles, and no poorly balanced objects at heights. Heavy items which must be manually handled are stored at waist height The Manager will ensure that before the employees are sent to a site under the overall control of another contractor, arrangements are made for storage areas and that safe access and safe places of work will be available for our employees to carry out their work safely. Rubbish/waste will be cleaned-up and stored on an on-going 	Management	RISK RATIN BEFORE CONTROL MEASURES 2 3 2 3 RISK RATIN AFTER ALI CONTROL MEASURES ARE IMPLEMENTI 1 3	
		 arrangements are made for storage areas and that safe access and safe places of work will be available for our employees to carry out their work safely. Rubbish/waste will be cleaned-up and stored on an on-going basis daily. Particular attention will be given to trestles and scaffold platforms which must be maintained in a clean and organised condition. 			

Area – Training Room A		oom	Assessed by – Cynthia Bradley		Date – 13/05/2024		
Hazard / Injury	/ Injury Exposed Persons	Control Maggurog to Podugo the Disk	Doroon Boononsible	Risk Rating			
		Irol Measures to Reduce the Risk Person Responsible		L	S	RR	

Hazard: Laptops Hazard Type: Physical Physiological Ergonomic Injury/Illness: Repetitive Strain Injury (RSI) Eye Tiredness Stress	Staff Visitors Contractors	 <u>A laptop is not covered by the General Application</u> <u>Regulations</u> due to the fact that under these Regulations the keyboard shall be tiltable and separate from the screen so as to allow the user to find a comfortable working position which avoids fatigue in the arms or hands. A laptop does not have a separate keyboard and <u>should not be used for long periods of time</u> and a risk assessment must be carried out to assess the usage of the laptop and the set up of the temporary laptop workstation. Never use laptop on knees due to extreme heat emitted. Never leave chargers plugged in while unattended. Conduct VDU assessments Offer eye-tests (required by the VDU section of the General Application Regulations of 2007) Plug in separate keyboard and screen o allow correct posture be maintained and avoid back injury. Information and training on general principles of ergonomics, adjustment of screen, keyboard, lighting, proper posture etc. See guidelines attached in appendices. 	RISK RATING BEFORE CONTROL MEASURES23236888889133
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Area – Training Room		om	Assessed by – Cynthia Bradley		Date 13/05	- 5/2024		
Hazard / Injury		Injury Exposed Persons	Control Moscuros to Poduce the Bick	Doroon Rosponsible	Risk	Rating		1
				res to Reduce the Risk Person Responsible		S	RR	

Hazard: Lighting, Heating, Temperature & Ventilation	Staff Visitors Contractors	 Lighting should be between 300 and 500 lux and should be suitable for the workstation involved. Lighting should not cause reflective glare on the screen. Lighting levels are normal throughout A competent electrician is used for maintaining the lighting 	Management	RIS B CO ME	K RAT EFOR ONTRO ASUR	<u>ING</u> E DL ES
<u>Hazard Type:</u> Physical		 fittings Lose cables are to be repaired. Temperature should vary from 18 to 24 degrees Celsius for 		2	2	4
Injury/Illness: Slips/ Trips / Falls, Stress, Eye Strain. Nausea, Elve like illegee		 Formperature should vary from to to 24 degrees oblists for sedentary work i.e. work involving little or no manual effort. Inspection & maintenance of the system to be completed by qualified personnel. Ensure that all areas are well ventilated and that windows can be opened for circulation of fresh air. 		RIS AF CO ME	<u>K RAT</u> TER A ONTRO ASUR ARE LEMEN	ING VLL DL ES
Fiue like liness		Obtain certificates from relevant contractor for emergency lighting.		1	2	2

Area – Training Room		Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
	/ Injun/ Exposed	Control Macouros to Doduce the Dick	Daraan Daanansihla	Risk	Risk Rating	
Hazaru / Injury	Persons		Person Responsible	L	S	RR

Hazard: Office Machinery (Photocopier, printers, faxes, franking machines, laminator, stapler etc)	Staff Visitors Contractors	 Maintenance per manufacturer instructions All equipment is CE marked. Fumes from photocopier may cause irritation, keep close to external ventilation See Fire and Housekeeping assessments. Always read manufacturers instructions before use of office equipment. Major faults must be repaired by a competent person. All machines must have isolating switch near the 	nt	RISK BI CO ME/ 2	(RAT EFOR DNTR(ASUR 2	ING E OL ES 4
Hazard Type: Physical Chemical		 machine and shall be accessible at all times. Gaining access to the interior of photocopiers, care must be taken to avoid hot surfaces. Under no circumstances must the inside of the machine be tampered with Ensure laminators are switched off when not in use 		RISK AFT CO ME	(RAT FER A ONTRO ASUR ARE	<u>ING</u> <u>LL</u> <u>OL</u> <u>ES</u>
Pinch Hazarda				IMPL	EMEN	NTED
Electricity				1	2	2
Breathing of						
dusts leading to						
respiratory						
problems.						

Area –Training Room		Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hezerd / Injuny	/ Injury Exposed Persons	Control Manauron to Doduce the Diak	Dereen Beenensible	Risk Rating		
Hazaru / Injury			Person Responsible	L	S	RR

Hazard: Overhead Storage	Staff Visitors Contractors	 Correct Manual Handling technique to be applied at all times. If steps are available they must be inspected regularly to ensure safe use. 	Management	RIS B C(ME	K RAT EFOR ONTRO ASUR	<u>ING</u> E DL ES
Physical		 Ensure staff are instructed to check steps before use Implement schedule of checks for this equipment. 		2	2	4
Injury/Illness: Falls from						
Falling items Personal Injury				RIS AF C	<u>K RAT</u> TER A ONTRO	<u>ING</u> LL DL
				ME	ASUR ARE	
				1	2	2

Area – Training Room		Assessed by – Cynthia Bradley		Date	-	1
Hezerd / Inium/	Exposed	Control Measures to Deduce the Disk	Dereen Deenensible	Risk	Rating	<u>+</u>
Hazaru / Injury	Persons	philor measures to Reduce the Risk Person Responsible		L	S	RR

Hazard:	Staff	 Ensure certain areas are secure and appropriate rooms 	Management	RISK RATING
Public Interface	Visitors	locked at all times.		BEFORE
& Safety.	Contractors	When handling cash on the premises ensure it is locked		CONTROL
Personal		away safely.		MEASURES
Security &		When banking cash ensure you have someone with you.		
Violence		 Only sound an alarm if you feel it is safe to do so. 		2 3 6
		If you have not been trained in conciliation techniques, do no		
		get involved in an argument.		
Hazard Type:		 Avoid confrontation. Do not get involved in a physical 		
Physical		situation. Do not try to apprehend anyone even if you have		
Mechanical		had training in self-defence techniques.		
		 If problems arise with irate or difficult customers, such as 		
Injury/Illness:		aggression and violence stay calm and listen carefully. Do		
Crushing		not use a loud or aggressive tone. Call for help in this		
Musculo-		situation immediately and discreetly.		
skeletal injury		 If staff are dealing with a new client, or are aware of 		
		behavioural changes in existing clients, they should always		
		take another staff member with them.		
		 For extra safety where a problem may arise with a person 		
		being upset or aggressive, slowly walk to an area where you		AFTED ALL
		can put a barrier between you i.e. table or counter and carry		
		on talking in a quiet and calm manner.		
		 Signs to be erected directing the public where they are 		
		allowed access and where access is prohibited.		
		 No access is available to restricted areas 		
		 All pathways are kept clear and free from obstacles 		1 3 3
		 Emergency Exit routes are clearly signposted 		
		 No hazardous materials or equipment are left in areas to 		
		which the public have access		
		Every errort is made by all staff members to safeguard visitizes and sustained.		
		Visitors and Customers		
		 visitors book to be available in reception. Superviser to maintain visitors heads 		
		 Supervisor to maintain visitors book. Visitors accompanied by staff member at all times 		
		Visitors accompanied by stail member at all times Evtreme core for all percents attending the premises. living it		
		the area and visiting local residents	<u>"</u>	
L		the area and visiting local residents		

Area – Training Room Assessed by – Cynthia Bradley		Date	-	1		
Hezerd / Inium/	Exposed	Control Measures to Deduce the Disk	Dereen Deenensible	Risk	Rating	<u>+</u>
Hazard / Injury	Persons	Control Measures to Reduce the Risk Person Responsible		L	S	RR

Hazard:Visual DisplayUnits (VDU)(ComputerMonitors etc)Hazard Type:PhysicalPhysiologicalErgonomicInjury/Illness:RepetitiveStrain Injury(RSI)Eye TirednessStress	Staff Visitors Contractors	 Modern equipment that meets the requirements of the work equipment regulations and VDU regulations is supplied to staff Conduct VDU assessments Offer eye-tests (required by the VDU section of the General Application Regulations of 2007) Devise policy for procurement of seating, computer equipment, desks etc. Support pads are provided to staff to avoid RSI's Maintenance per manufacturer instructions All equipment is CE marked. See Fire and Housekeeping assessments. 	Management	RISK RATING BEFORE CONTROL MEASURES236236RISK RATING AFTER ALL CONTROL MEASURES
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Area – Training Ro	a –Training Room Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	1	
Hezerd / Inium/	Exposed	Control Maggurge to Reduce the Dick	Baraan Baananaibla	Risk	Rating	
Hazard / Injury	y Persons	Control measures to Reduce the Risk	Person Responsible	L	S	RR

Hazard: Spills / Slippery Floors Hazard Type:	Staff Visitors Contractors	 Cleaning equipment and substances available to clean up spills / grease etc. If it spills, clean it up immediately Use warning signs and clean up immediately 	Management	RISP BI CC ME	K RAT EFOR DNTRO ASUR	<u>ING</u> E DL ES
Physical Injury/Illness: Slip / Fall				2	2	4
Personal injury				RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED		<u>ING</u> <u>LL</u> <u>DL</u> ES
				1	2	2

Warehouse Risk Assessments

í							
Area –Warehouse			Assessed by – Cynthia Bradley		Date	_	
			Dato				
					13/05	6/2024	
					,	<u>, = • = ·</u>	
Hozord / Injury	Injuny Exposed Control M	Control Magguroo to Roduco the Dick	Dorson Dosponsible	Risk	Rating		
	Hazard / Injury	Persons	Control Measures to Reduce the Risk Person Responsible		L	S	RR

Area Warebouse			Assessed by - Cynthia Bradley		Date	_	
	Alea – Walehouse Assessed by – Cynthia Diadley		Dale –				
					13/05	5/2024	-
Hazard / Injury	Hozord / Injury	Exposed Cont	Control Magguros to Bodugo the Bick	Doroon Boononsible	Risk	Rating	3
	nazaru / injury	Persons		Person Responsible	L	S	RR

Hazard: Cement / Concrete / Plastering / Rendering work Hazard Type: Chemical Ergonomic Injury/Illness: Skin effects Breathing effects Muscular- skeletal injury Eye splashes	Staff Visitors Contractors	 Ensure staff are provided with protective eye-wear, overalls, gloves and protective footwear. Enforce use of PPE. Obtain SDS sheets for cement / concrete / plastering / rendering materials See Action Plan for "Manual Handling" Do not work for long periods with concrete / cement. Wash cement off your hands and legs immediately Steps are taken to provide access to parts of walls not comfortably reached from ground level. Ensure steps / platforms are inspected regularly to ensure ongoing maintenance of this equipment. 	Management	RISK RATING BEFORE CONTROL MEASURES236236236888888133
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Area Warebouse			Assessed by - Cynthia Bradley		Date	_	
	Alea – Walehouse Assessed by – Cynthia Diadley		Dale –				
					13/05	5/2024	-
Hazard / Injury	Hozord / Injury	Exposed Cont	Control Magguros to Bodugo the Bick	Doroon Boononsible	Risk	Rating	3
	nazaru / injury	Persons		Person Responsible	L	S	RR

Hazard: Cement and Concrete Mixers and Silos Hazard Type: Dust, Respiratory Conditions, Irritant, Skin disorders, Personal Injury Chemical Injury/Illness: Skin effects Breathing effects Muscular- skeletal injury Eye splashes	Staff Visitors Contractors	 Ensure staff is provided with protective eye-wear, overalls, gloves and protective footwear. Enforce use of PPE. Obtain SDS sheets for cement / concrete materials See Action Plan for "Manual Handling" Do not work for long periods with concrete / cement. Trained personnel only Mobile mixing equipment operated by trained experienced personnel Area of operations monitored by key personnel Wash cement off your hands and legs immediately 	Management	RISK RATING BEFORE CONTROL MEASURES23623623623623623623623623623633133
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Area – Warehouse		Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hazard / Injuny	Injury Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
riazaru / injury			Person Responsible		S	RR

Hazard: Chemicals & Hazardous Substances - incl. Diasal	Staff Visitors Contractors	 Include Chemical Safety as part of Safety Induction Process. Train employees in the safe use and handling of substances. Follow instructions on all warning hazard labels. Obtain Safety Data Sheets and file for reference. 	Management	<u>RISK RATING</u> <u>BEFORE</u> <u>CONTROL</u> <u>MEASURES</u>
Petrol, Solvents, Adhesives		 Follow guidelines in relation to register of chemical (where applicable) from the SHWW Reach Regulations 2007 Store all chemicals in a locked cupboard away from other equipment. 		3 3 9
<u>Hazard Type:</u> Chemical Physical		 Always follow warning instructions on labels. See Risk Assessments for "Fire" Ensure adequate ventilation Ensure adequate Eye Wash station, washing and first aid 		
Injury/Illness: Skin irritations Breathing affects, Toxicity, Fire,		 facilities Clean all spillages immediately Dispose of all waste properly Spill kits are recommended PPE - Personal Protective clothing and equipment is worn at ellipses 		RISK RATING AFTER ALL CONTROL MEASURES ARE
Explosion, Spills into water course		 Fire Extinguishers are on site and are in service. Chemical spill procedure recommended Ensure Emergency Exits are always clear 		1 3 3

Area –Warehouse		Assessed by – Cynthia Bradley		Date	-	
Exposed		Control Maggurage to Deduce the Diak	Person Responsible	Risk Rating		
⊓azaru / injury	Persons		Person Responsible	L	S	RR

Llamanda	01-4	1	Education and training and constitution of a second to a fitting	Managene			
Hazaro:	Staff	•	Education and training are essential elements of prevention of this	Management	<u> RIS</u>	K RAI	ING
Covid 19 Virus	Visitors		Serious virus. Ensure all stall is fully briefed on the Covid 19		B	EFOR	
	Contractors		Guidelines posted on the Notice Board.		<u>C</u> (ONTRO	
		•	Strictly adhere to thorough, regular hand washing procedures. This is		ME	ASUR	ES
			the most effective method of preventing the spread of this virus.				
Hazard Type:		•	Avoid shaking hands		3	3	9
Physical		•	All staff must report immediately to their supervisor via phone				
Psychological			and must not go into work if they are ill and have any symptoms stated in the guidance PPT				
			Ensure all personal protective clothing is worn i.e. gloves overalls				
		ľ	face masks etc. NEVER share PPE with anyone.				
Injury/Illness:		•	Ensure suitably selected sanitisers, disinfectant, HOT and cold				
Serious respiratory			running water is available.				
issues/High		•	Sneeze and cough into your elbow				
Temperature/		•	Maintain social distancing at all times per Covid 19.				
Sore		•	Canteen must only hold enough people that can accommodate 2m				
Throat/Shortness of			distance. If this is not an option, personnel must eat on their own.				
hreath/Headache		•	All Canteens/toilets/drving rooms etc. must be kept scrupulously				
leading to serious			cleaned throughout the day.				
illnoon and Dooth		•	CSCS Operators must disinfect cabs throughout the day and must				
liness and Death			ensure that if another person's uses the plant that a thorough clean is				
			completed before entering the machine.		RIS	K RAT	ING
		•	Drive to work on your own or follow SOP procedure for Covid 19		AF	TER A	
		•	Online Induction MUST be completed, link to the CIF website to		C	ONTRO	
			complete induction and ensure you have your digital card for		MF	ASUR	ES
			submitting at induction				
		•	Complete Covid 19 questionnaire on arrival to site when you are		імрі		
			being inducted onto the site.				
		•	Appoint C-19 Compliance Officer to oversee Protocol on site based		1	3	3
			on HSE/CIF SOP and Updates				
		•	Lone working where possible and safe to do so				
		•	Substitute reusable equipment with single-use, disposable				
			equipment, e.g. hand towels, speculums, dressing packs etc.				
		•	Ensure only qualified competent staff performs specific jobs.				
		•	Training in detail on infection control i.e. wearing of gloves, disposing				
			of sharps, handling infectious waste etc.				
		•	All staff must report immediately to their supervisor if they have been				
			exposed to any potential hazards.				

			Assessed by - Cynthia Bradley		Date	_	
Alea - Walenbuse			Assessed by - Cyntina Diadley		Date	_	
					13/05	5/2024	-
	Hozord / Injury	Exposed	Control Magguros to Roduce the Risk	Porcon Pocnonsible	Risk	Rating	3
Pers		Persons		Person Responsible	L	S	RR

Hazard:	Staff	 Where practicable, equipment is provided with dust- Management 	RIS	K RAT	ING
Dust, Mists &	Visitors	collecting systems to minimise the creation of dust	E	BEFOR	<u>E</u>
Vapours	Contractors	clouds.	<u>C</u>	ONTRO	<u>)</u>
		The cabs of mobile plant are sealed and maintained to	ME	EASUR	ES
Hazard Type:		exclude dust, where practicable.		-	
Physical		Where practicable, operators stay upwind of the work, to	3	3	9
Chemical		avoid dust inhalation.			
Fire		 Filter masks are used when spending even short periods 			
Explosion		in high dust areas and when using concrete saws.			
		woodwork saws and other dust-producing equipment.			
Iniury/Illness:		 Air-fed filter helmets are used for prolonged work in high 			
Respiratory Issues		dust areas.			
/ damage to health		 Disposable dust suits are provided. 			
from exposure to		 Dust is suppressed by enclosure of dust-generating 			
high dust levels		plant and equipment, and the use of water sprays on			
which may contain		equipment and roadways.	RIS	KRAT	ING
silica.		 Control cabins are kept as dust-free as possible by good 	AF	TER A	<u>LL</u>
Development of		housekeeping practices and regular vacuuming. Cabin	<u>C</u>	ONTRO	
fibrosis of the lungs		seals are checked, and where air-conditioning units are	ME	EASUR	<u>ES</u>
due to inhalation of		fitted the units and filters are well maintained		<u> ARE</u>	
crystalline silica		 Local exhaust ventilation on internal plant ensures that 	IMP	LEMEN	ITED
dust generated		most of the dust is drawn away from rather than allowed	2	2	4
during some		to enter the workplace air			
quarrying		 Provision for dust control on equipment is taken into 			
operations with		account at purchasing stage, and employees			
onset of severe		responsible for nurchasing stage, and employees			
disability / severe		 Health surveillance is provided in accordance with 			
hreathlessness on		statutory requirements			
nhysical activity		 Loads of fine materials are covered before leaving the 			
priysical activity.		- Loads of fine materials are covered before leaving the			
	1				

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Area –warenouse			Assessed by – Cynthia Bradley		Date	_	
					13/05	5/2024	
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	nazaru / injury	Persons	Control measures to Reduce the Risk	Person Responsible	L	S	RR

Hazard: Electricity Hazard Type: Physical Injury/Illness: Electrocution Burns Fire Death	Staff Visitors Contractors	 All electrical circuits go back to RCD's for the protection of persons in the event of Earth Leakage. All electrical circuits go back to MCB's for the protection of equipment in the event of overload. Obtain electrical certificate from RECI registered electrician in respect of conformance with the National Wiring Rules (ET101). Obtain certificates form relevant contractor for fire alarm and sprinkler system. Establish that electrical contractors have isolation procedures including "Lock Out / Tag Out" procedures. Establish schedules for Portable Appliance Testing (PAT) for all Portable Electrical Equipment. See Risk Assessment on fire. Access Doors to switchboard rooms, transform rooms, generator rooms and areas with electrical equipment operating at voltages in excess of 650 Volts, are locked, preventing general access to such areas. Doors and covers on electrical equipment are kept closed and are replaced when damaged. Areas with electrical equipment are kept tidy and free of spillages, dust, water, oil and flammable materials. 	Management	RISK RATING BEFORE CONTROL MEASURES 2 3 6

Area –Warehouse		Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	
Hererd / Injury	Exposed	Control Mossures to Poduce the Pick	Dereen Deeneneible	Risk Rating		
nazaru / injury	Persons	Control measures to Reduce the Risk	Person Responsible	L	S	RR

Hazard: Electricity cont'd Hazard Type: Physical Injury/Illness: Electrocution Burns Fire Death	 If a circuit is tripping, blowing fuses, sparking or showing other intermittent faults, it is reported immediately to Manager / Supervisor, so that the cause can be quickly identified and repaired by a competent person. Employees report defective electrical equipment or cables to management immediately. The use of such defective equipment is discontinued until properly repaired/replaced Damaged Electrical Equipment Employees are instructed never to touch fallen or damaged cables or electrical equipment. Damaged cables / electrical equipment are reported to Manager / Supervisor for immediate repair or replacement. Where necessary damaged cables, etc., are reported to ESB. Employees are trained in the rescue of persons in contact with live electrical conductors. 	RISP AFT CC ME	(RAT TER A DNTRC ASUR ARE EMEN 3	
	 Employees are trained to watch out for potential hazards, and report them immediately to management. Relevant notices are posted in appropriate locations in accordance with Statutory Regulations. It is never assumed that cable / electrical equipment is dead. Confirm power source has been fully isolated before contact. Only registered Electricians may carry out any electrical installations or maintenance on domestic or commercial projects. 			

			Assessed by - Cynthia Bradley		Date	_	
Alea - Walenbuse			Assessed by - Cyntina Diadley		Date	_	
					13/05	5/2024	-
	Hozord / Injury	Exposed	Control Magguros to Roduce the Risk	Porcon Pocnonsible	Risk	Rating	3
Pers		Persons		Person Responsible	L	S	RR

Hazard: Fire Hazard Type: Noise Explosion Burns Injury/Illness: Death from Burns	Staff Visitors Contractors	 Fire Extinguishers are installed throughout site Maintenance records are kept in the Safety File. Emergency Lights are to be maintained. Emergency exits are to be kept clear at all times. All staff to receive Fire extinguisher training. Fire Drill carried out twice per annum Suitable fire-fighting equipment for electrical fires is provided. Employees are trained in the procedures to be followed in case of electrical fire, and in the use of fire-fighting equipment. Fires are only fought when it is safe to do so. Escape routes and location of fire-fighting equipment are displayed on fire maps in Company Buildings. (Ref: Office) Employees are informed of evacuation procedures, fire assembly points and roll-call procedures. 	Management	RISK RATING BEFORE CONTROLMEASURES232336RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED133
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Area –Warehouse		Assessed by – Cynthia Bradley		Date	-	
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Hand/Power Tools incl. cable snips, hack saws, wrenches, screwdrivers, knives, pliers, spanners, chisels Hazard Type: Physical Injury/Illness: Risk of fatal or serious injury such as laceration, crush injury, and eye injury as a result of misuse of loose hand tools / electrocution, breathing or heart failure as a result of misuse of electrical power tools. / damaged or ill- fitted attachments to power tools (e.g. discs, bits).	Visitors Contractors	 are available and utilised. Always select the correct tool type, size and shape for the task. Always use correct PPE e.g. gloves and goggles Use tools with insulated handles and non-conductive shafts for electrical work Do not use a screwdriver to test for live circuits - use a suitable circuit testing device Retractable Blade type knives only. Include information hand tool safety as part of the safety induction process. Establish schedule of random inspection to "weed out" defective equipment. Repair or discard all defective equipment Hand tools should only be maintained and sharpened by trained and competent personnel. Trained Operators only. The training in the proper use and adjustment of tools includes understanding the limitations of the tools All portable power tools over 125v to be PAT tested Hand tools are checked by operator before use All tools are visually inspected to check for damage, cracks, etc., before use to ensure they are in safe working order. All tools are inspected regularly in accordance with manufacturer's instructions. Safety features are a significant consideration in the purchase of all tools, with attention given to tool design, insulation, noise, vibration, operational velocity, guarding and all other factors which affect the safety of the operator Where possible, power tools are double-wound insulated and operate at 115 volts. Where 220 volt power tools are used, then a Residual Circuit Device (RCD) is fitted to the socket outlets and an armoured cable installed. The fitting of power tool attachments, e.g. cutting discs to grinders, is restricted to trained and authorised staff. 		BEFORE CONTROL MEASURES22422444444444445484721222
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Area –Warehouse		Assessed by – Cynthia Bradley		Date	_	
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Hozord / Injuny	d / Injury Exposed Persons Control Measures to Reduce the	Control Manauron to Roduce the Disk	Baraan Baananaikla	Risk	Rating	1
Hazard / Injury		Control measures to Reduce the Risk	Person Responsible	L	S	RR

Hazard: Housekeeping Hazard Type: Slip, Trip, Fall Fire Obstruction of fire exits Injury/Illness: RSI Injuries Musculo- skeletal Injury	Staff Visitors Contractors	 Supervision provided to ensure good housekeeping practice is employed. All members of staff are charged with housekeeping duties. Frequent cleaning takes place by staff at their workstations. Regular inspections should be undertaken to prevent accumulation of waste (rubbish) particularly at points of access and egress, on fire routes and around mess facilities. Walkways should be put in place Aisles and access routes are kept clean and free from trip hazards. Workshops are cleaned up on a daily basis. Spills are mopped up immediately. Fire extinguishers and fire-fighting equipment are freely accessible. Chemicals are stored safely. Flammables are stored in designated, labelled steel cans or cupboards, and are kept separately from other chemicals. Safe egress is provided from the workshop. Storage of items is carried out safely, with no protrusions on aisles, and no poorly balanced objects at heights. Heavy items which must be manually handled are stored at waist height The Manager will ensure that before the employees are sent to a site under the overall control of another contractor, arrangements are made for storage areas and that safe access and safe places of work will be available for our employees to carry out their work safely. 	Management	RIS E C ME 2 2 R S AF C ME IMPL 1	K RAT BEFOR ONTRO ASUR 3 K RAT TER A ONTRO ASUR ARE EMEN 3	ING EDL ES 6 ING ILL DL ES ITED 3
		 The Manager will ensure that before the employees are sent to a site under the overall control of another contractor, arrangements are made for storage areas and that safe access and safe places of work will be available for our employees to carry out their work safely. Rubbish/waste will be cleaned-up and stored on an on-going basis daily. Particular attention will be given to trestles and scaffold platforms which must be maintained in a clean and organised condition. 				

Area –Warehouse			Assessed by – Cynthia Bradley		Date	_	
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	Hozord / Injuny	ard / Injury Exposed Persons Control Measures to Reduce the Ris	Control Magguros to Poduos the Bick	Baraan Baananaibla	Risk	Rating	
	Hazaru / Injury		IS Control Measures to Reduce the Risk Person Responsible		L	S	RR

Herend	01-4		Manageret	
mazaro:	Statt	Avoid unnecessary contact with waste.	wanagement	RISK KATING
Human	Visitors	 Ensure use of adequate and correct PPE 		BEFORE
Infection,	Contractors	 Suitable gloves are worn when handling potentially infectious 		CONTROL
Dermatitis and		material.		MEASURES
other Skin		 Cuts and abrasions are covered with water proof plasters. 		
Diseases		Vermin control programme must be in place.		2 2 4
		Hand washing facilities with soap and towels are available on		
Hazard Type:		all sites		
Physical		 Appropriate hand washing results in a reduced incidence of 		
		infections		
Injury/Illness:		Illerd weeking with plain even (detergente) is effective in		
Leptospirosis		Hand wasning with plain soap (detergents) is effective in		
(Weils		removing most transient microbial flora. The components of		
Disease).		good hand washing include using an adequate amount of		
Brucellosis		soap, rubbing the hands together to create some friction,		
Bovine TB/ Orf		and rinsing under running water. The mechanical action of		
Lyme Disease		washing and drying removes most of the transient bacteria		
and E coli		present.		
		Wash hands promptly and thoroughly after contact with blood,		
		body fluids, secretions, excretions, and equipment or articles		
		contaminated by them isolation precautions.		
		• To help protect exposure to infectious materials,		
		wash your hands: Before/after work, Before/after eating,		
		Before/after smoking, Before/after using PPE, Before/after		
		handling raw and cooked foods. Before/after putting in contact		
		lenses Before/after using the toilet Before/after applying		
		makeup		
		Wear gloves to provide a protective barrier and to prevent cross		
		contamination of the hands when touching blood, body fluids		
		containing ion of the hards when touching blood, body hulds,		
		SKIII.		
		 wear gloves to reduce the likelihood that microorganisms 		
		present on the hands of personnel will be transmitted further.		
	1			

Area – Warehouse		Assessed by – Cynthia Bradley		Date 13/05	_ 5/2024	1
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		ons Control Measures to Reduce the Risk Person Responsible		L	S	RR

Hazard: Human Infection, Dermatitis and other Skin Diseases	 Wearing gloves does not replace the need for hand washing, because gloves may have small, in-apparent defects or may be torn during use, and hands can become contaminated during removal of gloves. Dermatitis is contracted through skin contact with substances such 	RIS AF CO ME	K RAT TER A ONTRO ASUR ARE EMEN	TING ALL OL RES NTED
Conťd	 as oils, chemicals, tars and cement. In cement, it is the chrome which is the source of the contagion. Once contracted, dermatitis cannot be cured. Always wash your hands after coming into contact with any of the above listed substances. Always try to avoid contact with such substances. Use a suitable barrier cream. Use gloves when you are working to provide a barrier between your skin and the substance. If an irritation begins on any part of the body, consult your doctor without delay. Follow the doctor's instructions and avoid contact with the substance. 	1	2	2

Area – Warehouse		Assessed by – Cynthia Bradley		Date	-	
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nazaru / Injury		ons Control Measures to Reduce the Risk Person Resp		L	S	RR

Hazard: Impact Equipment/Tool s e.g. Kangos, Drills,	Staff Visitors Contractors	 Daily maintenance checks. All staff to wear PPE, Glasses, Gloves, Ear Protection, Overalls and Dust Masks. All portable power tools over 125v to be PAT tested Windows and door are left open to ensure good air supply 	Management	RISK RATING BEFORE CONTROL MEASURES
Hammers, Whackers <u>Hazard Type:</u> Compressed air		 Establish preventative maintenance programme for all equipment in use on the site. All equipment must be inspected daily, and any damaged equipment must be must out of use and repaired See First Aid section. See risk assessment on noise. Always select the correct tool 		
injection Noise Ejection of material Injury/Illness:	of • • •	 For the relevant job Hand tools/Power tools to be in good condition. Guards to be in place Staff member to be trained in use e.g. consaw training Only 110volt appliances allowed to be used on site if 		RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED
Puncture wounds Contact by flying debris Noise Induced Hearing Loss		 Vibration controls when using Jackhammers Anti-whip lines to be installed on air compressor connections Dust suppression to be in place where required. 		1 3 3

Area – Warehouse		Assessed by – Cynthia Bradley		Date – 13/05/2024
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk Rating

Manual Handling Hazard Type: Physiological Injury/Illness: Back Injuries Personal Injury from poor lifting posture or from dropping items. Slip / Trip / Fall	Visitors Contractors	 The Company is required under the Chapter 4 Part 2 of The General Application Regulations, 2007 to eliminate where possible, the need to perform manual handling. Mechanical Aids e.g. lifts, hand trolleys, teleporter, pulley etc must be used where possible. Where manual handling cannot be avoided, staff must be assessed to determine whether they require formal instruction in manual handling techniques. Those identified as requiring manual handling training should be given it. Persons who have received manual handling training must be supervised to ensure they apply the techniques they have been taught. Training for Manual Handling must be tailored to reflect the actual type of handling the individual will perform. Assess all weights being lifted, per the Safety, Health & Welfare Regulations & reduce these to acceptable levels. Minimise all manual-handling training to all staff. PPE including gloves, and boots or shoes with steel toecaps to be provided. Machine controls and instrumentation designed and arranged for best control and posture Work locations designed to eliminate over-reaching. 	BEFORE CONTROL MEASURES236236236361881913133
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Area –Warehouse			Assessed by – Cynthia Bradley		Date	_	
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	nazaru / injury	Persons		Person Responsible	Γ	S	RR

Hazard: Personal Protective Equipment	Staff Visitors Contractors	 PPE must be worn at all times PPE Register is provided, and all personnel sign this register Hard Hat, Steel Toe Boots, His vis, Ear defenders is 	Management	RISK RATING BEFORE CONTROL MEASURES
(PPE) <u>Hazard Type:</u> Physical Mechanical <u>Injury/Illness:</u> Respiratory Hearing Loss Dust Dermatitis Muscular Skeletal Damage due to impact/collision		 mandatory Dust masks, gloves, flame retardant hi vis, visors face shield etc are required for specific tasks Any garments with strings is strictly forbidden on site, disciplinary procedure will follow is worn on site after induction 		236RISK RATING AFTER ALL CONTROL MEASURES ARE IMPLEMENTED1133

Area –Warehouse		Assessed by – Cynthia Bradley		Date – 13/05/2024		
Hazard / Injury	Exposed	Control Measures to Reduce the Risk	Person Responsible	Risk	Rating	
, ,	Persons		•	L	S	RK

Hazard: Rubbish / Waste Materials Hazard Type: Physical Biological Injury/Illness: Puncture wounds	Staff Visitors Contractors	 Ensure stockpiles of combustible rubbish materials remain as small as is practicable. Ensure that rubbish bags are left out for collection shortly before collection. Review provision of fire fighting capacity to manage fires in waste store. Ensure Rubbish is not left up against building for collection for any long periods. Ensure existing fire extinguishers are near rubbish store. 	Management	RISK BE CO MEA 2	EFOR NTRC ASUR	ING E DL ES 4
Vermin – Weils Disease		Ensure fire fighting equipment is kept clear at all times		RISK AFT CO MEA IMPLE	ERAT ERA NTRO SUR ASUR ARE EMEN	NG LL LS ED ED
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Area – Warehouse		Assessed by – Cynthia Bradley		Date – 13/05/2024	
Hazard / Injury	Exposed Persons	Control Measures to Reduce the Risk	Person Responsible	Risk Rating	

Hazard: Vibration - from use of Impact tools and vibrating surfaces. Hazard Type: Physical Injury/Illness: Damage to the Nervous System, White Finger due to blocked circulation, Gangrene / Amputation of fingers	Staff Visitors Contractors	 Refer to manufacturers handbook for details of potential vibration levels associated with specific tools or equipment. Suppliers must provide information on the vibration levels that operators are likely to be exposed to. For hand-arm vibration -: (exposure action value) the level of daily exposure for any employee which, if exceeded, requires specified action to be taken to reduce risk must not be exceeded in an eighthour reference period shall be 5m/s² (exposure limit value) the level of daily exposure for any employee which must not be exceeded to an eighthour reference period shall be 2.5m/s² exposure shall be assessed or measured according to the Safety, Health and Welfare at Work (General Application) Regulations 2007 For whole-body vibration -: (exposure limit value) the level of daily exposure for any employee which, if exceeded, requires specified action to be taken to reduce risk must not be exceeded to an eighthour reference period shall be 1.15m/s² (exposure action value) the level of daily exposure for any employee which, if exceeded, requires specified action to be taken to reduce risk must not be exceeded to an eighthour reference period shall be 1.15m/s² (exposure limit value)the level of daily exposure for any employee which must not be exceeded to an eighthour reference period shall be 0.5m/s² exposure shall be assessed or measured according to the Safety, Health and Welfare at Work (General Application) Regulations 2007 	Management	RISK BI CO ME/ 1 1 RISK AF1 CO ME/ 1	C RAT POTRO ASUR 3 C RAT TER A POTRO ASUR ARE EMEN 2	
		 what the vibration hazards are the level, type and duration of vibration, its frequency and duration the effects of exposure to vibration on employees who are at particular risk 				

Area –Warehouse		Assessed by – Cynthia Bradley		Date –		
				13/05	5/2024	
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nazaru / injury	Persons		Person Responsible	L	S	RR

Honord	any information provided by the manufacturers		
Hazard:	the replacement of equipment designed to reduce risks		
Vibration - from	specific working conditions such as low temperatures		
tools and	appropriate information obtained from health surveillance		
vibrating surfaces.	Control measures for whole-body vibrations are as follows:		
Cont'd	Use low frequency seats on all terrain and similar vehicles		
	use low frequency seats of all terrain and similar vehicles		
	 suspension of unving seals other methods of work which reduce exposure 		
	 Other methods of work which reduce exposule dempine of high vibration surfaces, use of rubbar meta under 		
	feet		
	iob rotation		
	the choice of work equipment of appropriate design to reduce		
	the vibration		
	• the provision of auxiliary equipment which reduces the risk of		
	injury		
	appropriate maintenance programmes for work equipment,		
	I.e. places of work, workstations etc		
	adequate information and training		
	 provision of clothing to protect employees exposed to cold 		
	and damp		
	ensure employees are not exposed to vibration above the		
	relevant exposure limits		
	Control measures for hand-arm vibrations are as follows:		
	design out vibration		
	use of low vibration tools		
	correct installation of machinery		
	 working with warm hands, keep gloves dry 		
	taking regular breaks		
	training		
	personal protective equipment		

Area – Warehouse		Assessed by – Cynthia Bradley		Date –		
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Hazaru / Injury	Persons		Person Responsible	L	S	RR

Hazard: Vehicle Pedestrian Movement / Outside Areas Hazard Type: Mechanical Physical Vehicles reversing into Employees / Maintenance personnel Injury/Illness: Crushing Musculo- skeletal injury Serious injury to Personnel / Collisions	Staff Visitors Drivers Contractors Public	 Signs to be erected directing the public where they are allowed access and where access is prohibited. Trained competent drivers Strictly adhere to signage and walkways in place Mirrors fitted to all plant to cover off all blind spot areas for Drivers. Walkways/routes are in place Speed limits in place and strictly adhered to. Supervisor to maintain visitor's book. No access is available to restricted areas All pathways are kept clear and free from obstacles Emergency Exit routes are clearly signposted No hazardous materials or equipment are left in areas to which the public have access Every effort is made by all employees to safeguard visitors and customers. Adequate lighting must be in place. 	Management	RISK RATING BEFORE CONTROL MEASURES236236236236236236236236236236236333133
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Risk Assessment Briefing Record

Briefing delivered by:

Position:

Date:

We (the undersigned) have had the the <u>*Risk Assessments*</u> communicated to us and will comply with the specified requirements and control measures.

Name (Print)	Signature	Date